WEBSITE:	www.staffordnetball.btck.co.uk	
EMAIL:	staffordnetballclub@hotmail.co.uk	
FACEBOOK:	www.facebook.com/StaffordNetballClub	
TWITTER:	@stafford_nc_uk	



HANDBOOK 2019/20 SEASON



WELCOME TO STAFFORD NETBALL CLUB

Stafford Netball Club is the only Silver CAPS accredited netball club in Stafford.

Maintaining this reputation requires a great deal of commitment from many people, all of whom give their time freely to the club.

As we start a new year, we hope to continue with all the successful work that has already been done and look forward to new achievements this season.



The club is run entirely by volunteers, and we are always looking for new people to support the club, so if you are interested in helping, please get in touch and get involved.

Best wishes for the 2019/20 season,

Stafford Netball Club





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KEY TASKS CHECKLIST

Date	Task		
01.09.18	Pay England Netball affiliation fee		
	Required for all players for insurance		
20.09.18	Pay annual club registration fee		
	£10 juniors / £15 ladies (over 18)		
20.09.18	Pay term 1 training fee		
	Login to ENgage system and choose your session from the 'Ad		
	On' list		
24.01.19	Pay term 2 training fee		
	Login to ENgage system and choose your session from the 'Ad		
	On' list		
16.05.19	Pay term 3 training fee (not players in Years 11, 12 and 13)		
	Login to ENgage system and choose your session from the 'Ad		
	On' list		
At start of	Order club training top		
season	Free for all new members once fees are paid		
	Please see Kit Manager if you need to buy a replacement top		
At start of	Order Kukri match kit		
season	Please see Kit Manager if you need any match kit		
Sept/ Jan	Check league fixtures		
	Inform team manager / captain of dates you are unavailable		
Now!	Put key dates in diary		
	See Dates for the Diary – page 4		



Sunday 22nd September 2019

Monday 9th September 2018

Tuesday 18th September 2018

DATES FOR THE DIARY

LEAGUE START DATES

- Junior League:
- Stoke Ladies League:
- Stafford Ladies League: (Ladies Emeralds)

SNC CLUB MEETINGS

- Committee meeting: TBC
- @ Stafford Manor High School

SNC PARENTS EVENING

- TBC
- @ Stafford Manor High School

SNC CHRISTMAS PARTY

- 11th & 12th December 2019 (time TBC)
- Tenpin, Stafford

SNC ANNUAL GENERAL MEETING

- Thursday 21st May 2020
- @ Stafford Manor High School

SNC PRESENTATION EVENING

- June 2020 (date TBC)
- venue TBC

STAFFORDSHIRE COUNTY PRESENTATION EVENING

- 17th May 2020 (time TBC)
- Best Western Moat House Hotel, Stoke on Trent





CLUB OFFICERS

Chairperson	Sarah Richardson	
Vice Chair	Leah Farley	
Lead Treasurer	Helen Blaikie	
Treasurer - Junior Section	Helen Blaikie, Anna Smith &	
	Dawn Jones	
General & Meeting Secretary	Sue Boardman	
Membership & Affiliation Secretary	Dawn Parry & Emma Pedley	
Email Secretary	Anna Smith	
Club Social Secretary	Dian Roberts	
CAPS Coordinator	Anna Smith/ Andy Weston	
Junior Representative U18	ТВС	
Club Volunteer Coordinator	Charlotte Ballance	
High Five Coordinators	Helen Blaikie, Vickie Mattox &	
	Naomi Smith	
Kit Manager	Kyle Brookes	
Website & Facebook Manager	Leah Farley	
Club Safeguarding Officers	Rachel Issartel, Naomi Smith,	
	Margaret Andrews & Victoria	
	Astley	

To contact any of the above please email staffordnetballclub@hotmail.co.uk



COACHES AND CONTACT DETAILS

Contact details

- Julie Dolman
- Sally Kendrick
- Tracey Turner

• Tracy Round

07738 070799 07841 121600 07899 848501 07849 188641

- Working towards UKCC Level 3 Coach
 - Julie Dolman

UKCC Level 2 Coaches

- Sally Kendrick
- Tracey Turner

UKCC Level 1 Coaches

- Leah Farley
- Jess Smith
- Sophie Turner

C Award Umpires

- Julie Dolman
- Sally Kendrick
- Leah Farley
- Tracey Turner
- Laura Colclough

- Tracy Round
- Robert Blaikie
- Brenda France
- Brenda France
- Sarah Wilde
- Emma Paynter



CLUB TRAINING SESSIONS

All training sessions are at Stafford Manor High School.

Winter Season

- 4th / 5th September 2019 4th / 5th December 2019
- no training 30th/ 31st October (half term)
- Christmas Party 11th / 12th December

Spring Season

- 8th/9th January 2020 1st / 2nd April 2020
- no training 19th/ 20th February (half term)

Summer Season

- 22nd / 23rd April 2020 25th / 26th June 2020
- no training 27th/ 28th May 2020 (half term)
- No sessions from 1st July until August 2020

Wednesdays

- 17:30 19.00**U14** Diamonds & Sapphires
- 19:00 20:30**U16** Diamonds & Sapphires
- 20:30 22:00 Ladies Diamonds & Sapphires

Thursdays

- 17:00 18:00
- 18:00 19:00
- 19:00 20:00
- 20:00 21:00

Bee Netball (school years 3 - 6)

- Under 12s (school year 7)
- U14 Emeralds & Rubies
- U16 Emeralds & Ladies Emeralds



CLUB FEES

	Membership Package	SNC Training
		Fees
High Five	£17.00	£35.00 per term
Thursday 17.00-18.00		
U12	£17.00/£21.00	£35.00 per term
Thursday 18.00-19.00	(dependent on age)	
U14 Emeralds & Rubies	£21.00	£35.00 per term
Thursday 19.00-20.00		
U16 Emeralds	£21.00/£30.00	£35.00 per term
Thursday 20.00-21.00	(dependent on age)	
Ladies Emeralds	£30.00/£58.00	£35.00 per term
Thursday 20.00-21.00	(dependent on age)	
U14 Diamonds & Sapphires	£21.00	£52.50 per term
Wednesday 17.30-19.00		
U16 Diamonds & Sapphires	£21.00/£30.00	£52.50 per term
Wednesday 19.00-20.30	(dependent on age)	
Ladies Diamonds & Sapphires	£30.00/£58.00	£58.00 per term
Wednesday 20.30-22.00	(dependent on age)	

Membership Package including training fees are paid via ENgage system Members are welcome to pay training fee in advance. Please note- no term 3 training fees are charged for those in school years 11-13

If for any reason any player cannot meet the cost of the fees, please speak to a member of the committee. Each case will be assessed by the Club Chairperson and Club Safeguarding officer on an individual basis and where appropriate an exception may be made



TRAINING NIGHT INFORMATION

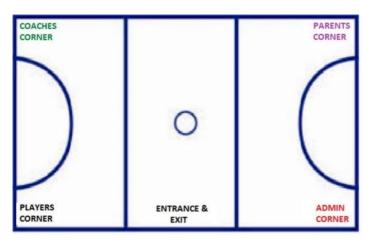
Attendance

Please sign in on the register when you arrive.

If you are unable to attend training, you must **let your team coordinator know**, giving them as much notice as possible.

If you do not notify your coordinator that you will not be at training, you will **not normally be selected to play** or be in the starting 7.

If you are persistently absent from training, or do not inform the club of your absence, **you will risk not being selected to play any matches** and may be asked to leave the club.





ADMIN CORNER

Admin Corner is your **first port of call** if you need to speak to the coaches or anyone at the club. If they can't help you, they will find out who can!

PLEASE DO NOT APPROACH THE COACHES DIRECTLY as they are trying to run the training sessions, ensuring that they start and finish promptly.

The corner is run by several volunteers who:

- organise the signing in of all players
- try to answer any questions from parents
- make notes of any queries for committee members
- make notes of any issues for the coaches
- take payments for fees and tickets
- deal with enquiries about kit
- collate details of kit (in good condition) that you have for sale along with your contact number - they will not do the selling for you, but will pass on your number if anyone asks

Please note that any payments should be handed in in a sealed envelope, with the following clearly marked on the front:

- full name of player
- amount enclosed (correct money if cash)
- reason for payment

Admin Corner do not have access to any cash and so will not be able to give you change if you do not have the correct money.

If you would like to help at Admin Corner, please just let us know!



LEAGUE INFORMATION

Staffordshire County Junior Netball League (High-fives, U12/14/16)

- When: Sunday 9.00-14.00
- Venues: Northwood Stadium, ST1 6PA St Peters Academy, ST4 2RR Stafford Manor High School, ST17 9DJ South Moorlands LC, Cheadle, ST10 1HJ
- Website: http://www.staffordshirenetball.co.uk/juniorleague.html

Stafford & District YLC League (Ladies)

- When: Tuesday & Wednesday 19.00-22.00
- Venues: King Edward VI School (Tuesdays) Stafford Manor High School (Tuesdays) Blessed William Howard School (Wednesdays)
- Website: www.staffordnetball.co.uk

Stoke on Trent League (Ladies)

- When: Monday 19.00-22.00
- Venues: Northwood Stadium, ST1 6PA St Peters Academy, ST4 2RR Fenton Manor, ST4 2RR SOT College, ST4 2DG
- Website: www.stokenetball.co.uk



MATCH INFORMATION

- check the match schedule and inform your team manager / captain if you are unable to play
- arrive in good time wearing match kit
 - you will not normally be able to play if you are not wearing the correct kit
- make sure your hair is tied back and your nails are trimmed

Match fees- Junior league

- £1.50 if played for 1 or 2 quarters
- £3:00 if played for 3 or 4 quarters

Match fees- Ladies leagues

- £2.00 if played for 1 or 2 quarters
- £4.00 if played for 3 or 4 quarters







KIT INFORMATION

All new players are eligible for a club training top free of charge, but replacement training tops can be bought for £13:20.

We have a range of match kit available from the Kit Manager. Please email the club (<u>staffordnetballclub@hotmail.co.uk</u>) or leave a message at Admin corner if you have any queries about kit or require new items.

The online kit shop will also be open at certain times during the year: we will email details when it is available.

Compulsory kit for Junior & Ladies teams

Club match top & skort or club dress

Optional kit for all players

- Club training top
- Club hooded top
- Club tracksuit bottoms
- Undershorts

Compulsory kit for High Five players

- Club training top (navy blue)
- navy skort (club skort can be bought on line if desired, but this is not compulsory)

Pre-loved kit

If you have any pre-loved match kit that you would like to sell, please leave a message at Admin corner or join our SNC Pre-Loved Kit Facebook group: we cannot sell kit on your behalf, but will pass your details on to players who are interested in buying it.







VOLUNTEERING

Stafford Netball Club is run entirely by volunteers and without them the club would not function.

We are always on the lookout for new volunteers who can offer a bit of their time to help with the running of the club.



The main volunteer roles will be advertised on the Facebook page as and when they need filling, but there are always other areas where volunteers can be utilised.

If you are interested in getting involved, please email the club (staffordnetballclub@hotmail.co.uk)

Pass On Your Passion

POYP is for every young person aged 12 - 25 who is actively volunteering in netball whether as a coach, official, committee member, event helper, school team helper... the list is endless.



You'll get rewards once you've completed 10, 25, 50, 100, 200 and 400 voluntary hours in netball.

Sign up on www.englandnetball.co.uk/ youth/POYP



STAFFORD NETBALL CLUB HISTORY

Stafford Netball Club started as junior netball sessions organised by Stafford Borough Council between 2005 and 2008. These sessions soon developed into a club format moving the training venue to its current location, entering the Staffordshire County Junior League and forming a voluntary committee.

2009-10

- under the leadership of Margaret Ainsworth–Hickman, SNC secured almost £7000 in funding and sponsorship to expand the number of teams as well as the number of qualified coaches, umpires and other volunteers
- 6 junior players selected for SCNA County Academy
- Back to Netball launched with the aim of creating a ladies' section

2010-11

- competitive ladies section entered Stafford & District YLC League
- achieved England Netball Bronze CAPS accreditation
- received 'West Midlands Club of the Year' from England Netball

2011-12

• Tracy Round recognised at Sport Stafford Borough Awards for coaching commitments

- record number of team entries (8 Junior and 6 Ladies)
- coach Julie Dolman and U12 Diamonds recognised at Sport Stafford Borough Awards
- 19 players selected for SCNA County Academy



STAFFORD NETBALL CLUB HISTORY cont.

2013-14

- Julie Dolman Coach of the Year at Sport Stafford Borough Awards
- Stafford Netball Club awarded Community Club of the Year at Sport across Staffordshire and Stoke on Trent Awards
- U14 Diamonds qualified for West Midlands Junior League
- 5 SCNA Junior League teams finished in winner/runner up positions during Winter and Spring Season
- Junior Satellite Club launched
- 36 players selected for SCNA County Academy

2014-15

- 15 league awards gained across all of our age groups
- U16 Diamonds qualified for West Midlands Junior League
- Ladies Diamonds won Stafford & District League
- Tracey Turner recognised at Sport Stafford Borough Awards for coaching commitments

- re-accredited to Silver CAPS
- Ladies Diamonds won Stoke League Division 5 undefeated and won the Queensberry Plate Tournament
- Di Hooker joined the coaching team as an assistant coach



STAFFORD NETBALL CLUB HISTORY cont.

2016-17

- all club level 2 coaches are on Staffordshire Performance Pathway
- Julie Dolman awarded Coach of the Year at Sport across Staffordshire and Stoke on Trent Awards
- Julie Dolman and Sally Kendrick accepted onto WASPS netball coach mentoring scheme
- 2 young leaders passed the C umpire award, even though they were under 18
- Ladies Diamonds were undefeated in 2 leagues and a tournament, scoring almost 2000 goals!

2017-18

- Julie Dolman selected as Head Coach for Wasps Academy Stoke Hub
- Ladies Diamonds won Stafford Borough Senior Team of the Year
- Sally Kendrick and Julie Dolman nominated for Stafford Borough Special Contribution
- 8 teams entered the SCNA Junior League
- 29 players selected onto the SCNA Performance Pathway

- 9 teams entered the SCNA Junior League
- U14 Diamonds qualified for Regional finishing 6th place (highest ever)
- Ladies Diamonds gained promotion into Stoke Division 1
- 20 players selected for Staffordshire Performance Pathway
- Imogen Farnworth selected into U17 WASPS hub



SNC PERFORMANCE PATHWAY ATHLETES 2018-19

U13 Development

- Kiera Smith
- Elena Blaikie
- Caitlyn Disley

U13 Academy

- Allana Williams
- Grace Concar

U15 Development

Katie Roberts

U15 Academy

- Bethan-Ashley Brown
- Evie Jackson
- Emily Hesslegrave

- Thailya Smith
- Anya Barnes
- Emma Taylor
- Paige Brookes
- Macey Stewart
- Annie Cartmail-Newman
- Lucy Richardson
- Lily Pedley
- Alicia Smith

U17 Wasps Netball Academy Hub 2018-2019

• Imogen Farnworth



CLUB ACHIEVEMENTS

2009/10

- U14 Diamonds: Runners Up (Spring League)
- U16 Diamonds: Runners Up (Spring League)

2010/11

• U12 Diamonds: Runners Up (Winter League)

2011/12

- U12 Diamonds: Winners (Spring League)
- U12 Diamonds: Winners (Winter League)
- U14 Sapphires: Winners (Spring League)
- Divisional Players: Olivia Turner, Ellie Baxter & Lauren Becker
- Ladies Diamonds: Winners (Division 2)
- Ladies Sapphires: Runners Up (Division 2)

2012/13

- U14 Sapphires: Winners (Winter League)
- U14 Diamonds: Winners (Spring League)
- U14 Emeralds: Runners Up (Spring League)
- Divisional Players: Lizzie Griffiths, Amber Sorsby & Jordan Lane
- Ladies Diamonds: Runners Up (Division 1)
- Ann Latham Award: Sophie Marsden (U16)



CLUB ACHIEVEMENTS cont.

2013/14

- High Five Diamonds: Runners Up (Stafford Tournament)
- U12 Diamonds: Winners (Spring League)
- U14 Diamonds: Winners (Winter League)
- U14 Sapphires: Winners (Winter League)
- U16 Sapphires: Runners Up (Winter League)
- U16 Sapphires: Runners Up (Spring League)
- Ladies Diamonds: Winners (Ladies Summer Tournament)
- Divisional Players: Imogen Faulconbridge & Ellie Baxter
- Ladies League Most Improved Player: Marie Dodson

2014/15

- High Five Year 5: Winners (Fenton Manor Tournament)
- High Five Year 6: Runners Up (Tean Valley Tournament)
- U12 Diamonds: Runners Up (Spring League)
- U14 Diamonds: Runners Up (Spring League)
- U14 Sapphires: Winners (Winter League)
- U14 Emeralds: Runners Up (Spring League)
- U16 Diamonds: Winners (Winter League)
- Divisional Players: Ruby Turner, Katie Edwards, Ellie Hooker & Athalia Ibanga
- Ladies Diamonds: Winners (Division 1)
- Ladies Aces: Winners (Division 2)
- Ladies Rubies: Runners Up (Division 3)
- Ann Latham Award: Maleeha Butt (U16)



CLUB ACHIEVEMENTS cont.

2015/16

- High Five Year 5: Runners Up (Stafford Tournament)
- High Five Year 5: Runners Up (Newcastle Town Tournament)
- High Five Year 6 Diamonds: Winners (Stafford Tournament)
- U12 Diamonds: Runners Up (Neville Division Winter League)
- U14 Diamonds: Runners Up (Murphy Division Spring League)
- U14 Sapphires: Runners Up (Clarke Division Winter League)
- U16 Diamonds: Runners Up (Mentor Division Spring League)
- U16 Sapphires: Winners (Atkinson Division Winter League)
- U16 Emeralds: Runners Up (Mentor Division Spring League)
- Divisional Players: Anna Edwards (U12), Jasmine Hesselgrave (U16), Katie Edwards (U16), Ellie Smith (U16)
- Ladies Diamonds: Winners (Stoke League Division 5)
- Ladies Diamonds: Winners (Queensberry Plate Tournament)
- Ann Latham Award: Julie Dolman

2016/17

- High Five County League Winter Season: Runners Up (Diamonds)
- High Five County League Spring Season: Runners Up (Diamonds)
- U12: Winners (Neville Division Winter League)
- U12: Winners (Neville Division Spring League)
- U14 Diamonds: Runners Up (Murphy Division Winter League)
- U16 Diamonds: Winners (Mentor Division Spring League)
- U16 Sapphires: Winners (Atkinson Division Winter League)
- Ladies Diamonds: Winners (Stoke League Division 4)



CLUB ACHIEVEMENTS cont.

2017-18

- U16 Diamonds: Undefeated Winners (Mentor Spring League)
- U16 Sapphires: Runners up (Mentor Winter League)
- U14 Sapphires: Runners up (Murphy Winter & Spring League)
- U12 Diamonds: Runners up (Neville Winter League)
- U12 Diamonds: Undefeated Winners (Neville Spring League)
- High Five Diamonds: Runners up (Winter League)
- Divisional Players: Skye Green-Birch (U12), Katie Mandley (U14) & Megan Parry (U16)
- Ladies Diamonds: Runners up (Stoke Division 3)

- High Five Diamonds: Runners-up (Spring Orange Division)
- U12 Diamonds: Runners-up (Black Winter Division)
- U12 Diamonds: Winners (Black Spring Division)
- U14 Sapphires Runners-up (Winter Green Division)
- U14 Emeralds: Runners-up (Spring Red Division)
- U14 Diamonds: Runners-up (Winter Premier Division)
- U16 Sapphires Winners (Winter Blue Division)
- Divisional Players: Amy McGeown (U16), Anya Barnes (U14) & Katie Mandley (U14)
- Ladies Diamonds: Winners (Stoke Division 2)



STAFFORD NETBALL CLUB CONSTITUTION

The club will be called Stafford Borough Netball Club and will be affiliated to England Netball - Staffordshire County Netball Association.

Aims and objectives

The aims and objectives of the club will be:

- to offer coaching and competitive opportunities in Netball
- to promote the club within the local community
- to ensure a duty of care to all members of the club
- to provide all its services in a way that is fair to everyone and operate an open membership
- to ensure that all present and future members receive fair and equal treatment

The full constitution can be viewed at: www.staffordnetball.btck.co.uk/ClubDocuments



DISCIPLINARY PROCEDURE

All complaints regarding the behaviour of members should be submitted in writing to the General Secretary.

The Management Committee will meet to hear complaints within 14 days of a complaint being lodged. The committee has the power to take appropriate disciplinary action including the termination of membership.

The outcome of a disciplinary hearing should be notified in writing to the person who lodged the complaint and the member against whom the complaint was made within 7 days of the hearing.

There will be the right of appeal to the Management Committee following disciplinary action being announced. The committee should consider the appeal within 14 days of the Secretary receiving the appeal. Where possible the procedure will be as follows:

- 1. Discipline during training e.g. time out
- 2. Verbal warning from Club Safeguarding Officer and witness
- 3. Written warning signed by Club Safeguarding Officer and Club Chairperson
- 4. Disciplinary hearing
- 5. Termination of membership



CODES OF CONDUCT

These documents can also be found at www.staffordnetball.btck.co.uk/ClubDocuments

Players: junior and adults

Our Codes of Conduct require the highest standards of conduct from everyone involved in netball to ensure that their behaviour and actions meet the values and standards expected at all times.

Everyone must conduct themselves in an honest, fair, impartial and transparent manner.

Our Codes of Conduct are applicable to all aspects of the Sport and are driven by England Netball's Values (Respect, Teamwork, Achievement and Fun) and the Guiding Principles (set out above).

I will endeavour to abide by this code of conduct and promote it to others. I understand that if I fail to follow the code, the England Netball, the Regional Association or the County Association may take action against me under the Disciplinary Regulations which may result in Sanctions including fines and suspension.

I will respect:

- The rules, regulations and requirements of the Sport, including, but not limited to, any competitions in which I participate either directly or indirectly
- The rights, dignity and worth of all people involved in netball, regardless of gender, marital status, race, colour, disability, sexuality, age, occupation, religion or political opinion
- The rights, dignity and worth of Children, Young People and Adults at Risk and ensure that I am aware of the Safeguarding best practice guidelines and procedures when interacting with them.
- Confidentiality and the sensitivities of information I hold on other individuals.
- Netball and the individual's reputation and not take any action or make inappropriate comments about a fellow participant, coach, official, volunteer or member of England Netball's staff that will bring the Sport or those associated with delivering the Sport into disrepute, including making comments on social media technology. I will respect EN's guidance and policies on social media technology.
- The position I hold within Netball and always conduct and dress myself in an appropriate manner.
- The result of the game and will not attempt to offer, offer or accept either directly or indirectly any consideration whatsoever in return for influencing or attempting to influence the result or seek to achieve personal gain on a result which I can influence by betting on any match or event where I am participating, either by playing, coaching or officiating, or through direct or indirect involvement.



Netball is based on teamwork, therefore I will:

- Not abuse or misuse any relationship of trust or position of power or influence held by me or my team, be that my playing team, Club, County, Regional or England Netball
- Be on time, dressed appropriately and ready to give my full attention to the role I am carrying out within Netball
- Recognise that individuals bring different qualities and attributes but "together we will excel".
- Welcome new members, volunteers, and connected participation and cooperate with Members, Connected Participants, colleagues, coaches, officials and administrators already in the Sport.

I recognise individuals participate in Netball to achieve and have fun, therefore I will:

- Recognise the achievements of others and applaud their successes
- Endeavour to ensure that all involved in the Sport optimise their potential by promoting the
 positive aspects of the sport and never condoning the use of inappropriate or abusive
 language, inappropriate relationships, bullying, harassment, discrimination or physical
 violence.
- Not impinge on others enjoyment of the Sport or my performance by consuming alcoholic drinks or smoke immediately prior to or while participating in the sport, or while safeguarding children, young people or vulnerable adults
- Ensure that everyone has the opportunity to participant in a fair, honest environment by rejecting cheating, abiding by the Anti-Doping policies and not taking illegal substances immediately prior to or while participating in the Sport.
- Display modesty in victory and graciousness in defeat; be sporting whether I win or lose; always acknowledge the other team and the umpires at the end of the game with a handshake or three cheers.
- Never argue with an official or participant during a game and listen to and cooperate with
 officials' decisions
- Control my temper; I understand that verbal, emotional and physical abuse of officials, coaches, spectators or participants, or deliberately distracting or provoking a participant, coach or official is not acceptable or permitted behaviour in netball
- Enjoy the game and ensure other can also enjoy it.



Parents, guardians and supporters

The enjoyment and safety of your child when involved in a netball activity is of paramount importance to England Netball. Every child will be encouraged and asked to ensure that their behaviour and actions meet the values and standards expected of them at all times. As parents, you are asked to support our Codes of Conduct and embrace the spirit of our game.

As a parent/carer, I will:

- Encourage my child to play within the rules and respect officials' and coaches' decisions
- Support my child's efforts and performance, give positive comments that motivate and encourage continued effort and learning
- Understand that competition is about winning and losing, so results are always accepted without undue disappointment
- Be a positive role model to my child by helping them work towards skill improvement and good sportsmanship
- Remember that children learn best by example; I will applaud good play by both my child's team and their opponents
- Thank the coaches, officials and other volunteers who give their time for my child and not interfere with their decisions
- Help when asked by a coach or official
- Respect the rights, dignity and worth of all people involved in the game, regardless of gender, marital status, race, colour, disability, sexuality, age, occupation, religion or political opinion
- Read the rules of the sport to understand better what I am watching and discussing with my child
- Promote this code of conduct to other parents, carers and supporters
- Be aware of my child's club safeguarding policy and ensure that any concerns are reported to the club's safeguarding officer or England Netball's Lead Safeguarding Officer.

As a parent/carer, I will not:

- Pressure my child in any way; I know that this is their sport not mine
- Use inappropriate language, harass athletes, coaches, officials or other spectators
- Criticise or ridicule my child for making a mistake or losing after the game
- Force my child if they are unwilling to participate in the sport
- Arrive at a netball activity under the influence of alcohol or drugs
- Use Social Media technology to bring the game into disrepute or make an inappropriate comment about an athlete, coach, official, volunteer or member of England Netball staff
- Consume illegal substances either immediately prior to or while being at a netball activity where my child is participating in the sport
- Consume alcoholic drinks or smoke either immediately prior to or while being at a netball
 activity where my child is participating.



Volunteers

The Code of Conduct state the values and standards expected at all time. In addition to these, when in my capacity as a coach, umpire, table official, team manager, teacher, tutor, assessor, tester, trainer, verifier, mentor or volunteer, I will also:

- Be a positive role model for netball by acting in a way that projects a positive image of my
 role within netball and being fair, considerate and honest with participants and officials
- Display high standards in my language, manner, punctuality, preparation and presentation to
 ensure that all time spent with me by participants or colleagues is a positive experience
- Exercise reasonable care and skill when carrying out my duties, including but not limited to keeping up to date with the latest practices and developments by taking up further education and other personal and professional development opportunities
- Be consistent, independent and demonstrate complete impartiality through exercising reasonable care and skill to enforce the rules of the game by applying them fairly and to effect control of the game
- As a coach, seek to inspire and motivate in accordance with an individual's abilities to enable them to play to the best of their ability and realise their potential
- As a coach, provide athletes with planned and structured training programmes appropriate to their abilities and goals by ensuring that equal attention and opportunities are available to all, including those requiring a modified plan due to sickness or injury
- As a tutor, assessor, tester, trainer, verifier or mentor, provide candidates with the appropriate information, planned and structured programmes appropriate to their needs and goals, ensuring that equal attention is applied, and to provide appropriate feedback following observation of a session
- Be mentally and physically fit to carry out my role within netball
- Ensure that the training and/or competition environment is safe and appropriate for the age, physical and emotional maturity, experience and ability of the athletes
- Ensure that I follow instructions and comply with all health and safety regulations that apply to the role I am undertaking.

I will endeavour to abide by this code of conduct and promote it to others. I understand that if I fail to follow the code, the England Netball, the Regional Association or the County Association may take action against me under the Disciplinary Regulations which may result in Sanctions including fines and suspension.



MY AIMS FOR THE SEASON

FEEDBACK FROM MY COACH